

MATTHEW ANGELO ROCES

matthew.roces@gmail.com

EDUCATION

University of California, Berkeley Bachelor of Arts, Public Health	2012-2016
University of California, San Francisco School of Medicine Doctor of Medicine	2019 - 2023
University of California, Los Angeles Emergency Medicine Residency	2023 - Present

AWARDS

Kaiser Permanente Northern CA Scholarship	March 2022
MacKenzie Foundation Scholarship	September 2021
Philippine Medical Society of Northern CA Scholarship	December 2021
UCSF School of Medicine Merit Scholarship	2019
Pre-Professional Health Academic Program Merit Scholarship	April 2017

WORK EXPERIENCE

UCLA Ronald Reagan Olive View Emergency Medicine Los Angeles, CA Resident physician	June 2023 – Present
Physician, City of Los Angeles Medical Services Division Los Angeles, CA - Provide care to individuals in the City jail system through the Medical Dispensary, conducting medical examinations, obtaining histories, and ordering and interpreting diagnostic tests - Assess medical conditions and perform related duties under standardized procedures and protocols of the Medical Services Division	July 2025 – Present
Physician, High Desert Medical Group Urgent Care Lancaster, CA - Evaluate and treat a high volume of walk-in patients of all ages with acute illness and injury in a fast-paced urgent care setting - Perform focused histories and exams, order and interpret labs and imaging, and complete minor procedures as indicated - Triage by acuity and coordinate ED transfer or specialty referral for higher-acuity patients	December 2025 – Present
Carlton Senior Living Personal Caregiver and Medication Technician Pleasant Hill, CA - Provided moderate to complete assistance with residents' activities of daily living in both the assisted living and memory care facilities - Organized, delivered, and assisted administration of medication for over 100 residents on medication program - Communicated with pharmacists and physicians regarding residents' medication use	October 2017 – May 2019
John Muir Health Emergency Room Scribe Concord, CA - Documented HPI, physical exam findings, procedures, and other charting elements for each patient - Facilitated the acquisition of diagnostic test results from ancillary departments - Created discharge summary notes for patients	November 2017 – May 2019
Uber Driver San Francisco Bay Area, CA 4.9 ★ rating with 3,000+ trips - While primarily doing this job to financially support myself, I learned how to communicate clearly, defuse confrontations, and multitask effectively	August 2016 – August 2019

MATTHEW ROCES

ASUC Concierge Desk Attendant

University of California, Berkeley

August 2015 – December 2016

- Provided campus related resources and customer service for ASUC Student Union patrons
- Responded to high volume of client requests including event reservations, venues, and planning

PUBLICATIONS AND POSTER PRESENTATIONS

Publication

Roces, Matthew A., et al. "Immediate and Sustained Relief of Postherpetic Neuralgia with Erector Spinae Nerve Block in a 60-Year-Old Woman." *The American Journal of Emergency Medicine*, vol. 89, Mar. 2025, doi:10.1016/j.ajem.2024.12.080.

Publication

T. Alcalá-Arcos, E. H. Chen, N. Addo, et al., "Comparing Emergency Medicine and Neurology Residents in Assessing Stroke Severity Using the NIHSS," *AEM Education and Training* 9, no. 3 (2025): e70069, <https://doi.org/10.1002/aet2.70069>.

Publication

Roces M., et. al. "Emergency Medicine Residents' Performance with National Institutes of Health Stroke Scale and Its Impact on Key Stroke-care Metrics," *Western Journal of Emergency Medicine*, DOI 10.5811/westjem.39671

Oral Presentation

Roces M, Alcalá-Arcos T, Addo N, Boyle M, Hewlett M, Nguyen R, Peabody C, Madhok D. *Acute Stroke Assessment by Emergency Medicine Residents Does Not Affect Key Stroke Metrics*. SAEM23. May 2023.

Oral Presentation

Roces M, Brown J, Teng J, Tang T, Monzon R, Lichtarge R, Liu E, Gonzalez M, Addo N, Nguyen R, Gabriel-Ramos KJ, Santamarina JLK, Enriquez K. *Implementation of a MultiDisciplinary, Pre-Intubation Airway Checklist at a Level 1 Trauma Center*. SAEM23. May 2023.

Poster Presentation

Alcalá-Arcos T, Roces M, Addo N, Boyle M, Hewlett M, Nguyen R Wong A, Chen E', Madhok D.. *Comparing Emergency Medicine and Neurology Residents in Assessing Stroke Severity Using the NIH Stroke Scale*. SAEM23. May 2023.

Poster Presentation

Monzon R, Nguyen R, Roces M, Addo N, Teng J, Liu E, Brown J, Gabriel-Ramos KJ, Enriquez K. *Implementation of a Pre-intubation Airway Checklist in the Emergency Department: A retrospective study looking at peri-intubation complications*. American Society of Anesthesiologists Annual Meeting. October 2023.

Poster Presentation

Urva M, Cortez A, Roces M, Shearer D, Morshed S. *Delays in Treatment as a Predictor of Infection Following Open Treatment of Long-Bone Fractures in LMICs*. Consortium of Universities for Global Health. March, 2021.

Poster Presentation

Roces M, Apostol NJ, Del Rosario D, Valerio SM, del Pilar K, Canare K, Palma M. *Examining the feasibility of a virtual platform in understanding and addressing COVID-19 related concerns among Filipino Americans in Los Angeles*. 2021 American Public Health Association Annual Meeting & Expo. Denver, CO. October, 2021.

CLINICAL VOLUNTEER EXPERIENCE

Mabuhay Health Center

San Francisco, CA

August 2014 – May 2023

UCSF Medical Student Coordinator and Senior Mentor

- Recruit preceptors for monthly clinics
- Organize interprofessional elective at UCSF that discusses the history of Filipino Americans, their health disparities, and the community partnerships that address these issues in the San Francisco Bay Area
- Train incoming first year medical students on clinic protocol
- Plan and facilitate medical school application workshops and mentorship programs for pre-med volunteers

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Executive Director at Mabuhay Health Center

- Overseeing director of Mabuhay Health Center's Board of Directors
- Main liaison between Mabuhay Health Center and UCSF's Schools of Pharmacy, Dentistry, and Medicine, UCSF preceptors, and general community members
- Facilitate and establish 2 year strategic action plan
- Organize, plan, and lead monthly clinics at the Bayanihan Community Center
- Maintain current and establish new partnerships with community organizations, including but not limited to SF Marin Food Bank, UCSF, SoMa Youth Collaborative, Covered California, SoMa Pilipinas, and others

Quality Director at Mabuhay Health Center & Health Coach

- Spearhead and supervise the collection, cleaning, and analysis of data related to MHC's services, its impact, and its patient community; data topics include but are not limited to: community outreach, patients' chief complaints, patient demographics, patient feedback, medical data, patient satisfaction, and clinic turnout
- Generate intellectual capital such as data briefs, infographics, and monthly and annual reports
- Present findings to directors and UCSF preceptors in order to inspire evidence-based improvements to our culturally sensitive approach to healthcare
- Manage electronic health record system, OpenEMR, use at every clinic and teach the use of OpenEMR to UCSF students and general volunteers

Health Coach

- Work one-on-one with patients to address chief complaints, present case to a team of preceptors and health professional students, and develop a health plan with the patient
- Committee specific responsibilities including fundraising, organizing/planning community event, etc.

Medical Mission Volunteer

January 2016

Laoag, Philippines

- Volunteered for an intensive 5 day medical-surgical-dental-optometric mission in Laoag, Ilocos Norte that served a total of 6,596 patients
- Facilitated the health education program by creating informational health brochures about various topics including diabetes, hypertension, hyperlipidemia, thyroidectomies, and hysterectomies
- Packaged and distributed the mission's supply of medications including analgesics, anti-inflammatory, bronchodilators, mucolytics, antihistamines, anti-lipids, diabetes, gastrointestinal, anti-helminthic, and multivitamins

EXTRACURRICULAR EXPERIENCE

PCH x FAiM Mentorship Program

June 2026 - Present

Los Angeles, CA

- Mentor in a collaboration between Pilipinos for Community Health (PCH) and Filipino Americans in Medicine (FAiM) at UCLA, connecting pre-medical undergraduates with medical students, residents, and clinicians for guidance

UCLA Resident Informaticist Program

July 2026 - June 2027

Los Angeles, CA

- Clinician-trainee program in clinical and health informatics focused on using health IT and the EHR to improve safety, quality, and efficiency of care
- Attend monthly sessions on applied informatics topics and complete an independent practicum project

UCLA Big Sib Little Sib Mentorship Program

June 2023 - July 2024

Los Angeles, CA

- Mentor paired with first-year UCLA medical students

UCSF MedPeers Program

August 2022-June 2023

San Francisco, CA

- Senior medical students providing peer support, student resources, and validation of your student experience

MATTHEW ROCES

Council of Young Filipinx Americans in Medicine (CYFAM)

January 2020 – Present

National

- The mission of the Council of Young Filipinx Americans in Medicine (CYFAM) is to promote the leadership development of young Filipinx American physicians and trainees, reinforce the educational pipeline, and address structural inequities in health through advocacy, scholarship, and community partnership
- Annual conference organization
- Social Committee Chair

UCSF Admissions Interview Committee

September 2020 –

San Francisco, CA

**January 2021 and
September 2022-January
2023**

- Interview and evaluate MD applicants for the 2020-2021 and 2022-2023 cycles

Asian Pacific American Medical Student Association (APAMSA) National Board & National Conference Director

August 2020 – August 2021

San Francisco, CA

- Organize and facilitate the annual APAMSA National Conference to discuss inequities, advocacy, community engagement and other topics that affect the Asian American community which hosted over 600 attendees virtually
- National Board Director of the External Affairs Branch – responsibilities include National Board meetings, voting on national APAMSA public statements, and collaborating with other branches for conferences, retreats and other events

American Diabetes Association Young Professional Leadership Council

August 2016 – August 2017

Oakland, CA

- Spearhead engagement with the millennial population, particularly in the Northern California area, into being involved with the ADA through social media, fundraising, volunteering, health education, and health policy
- Participate in quarterly ADA executive board meetings and participate in strategic planning

Pilipino Association for Health Careers (PAHC)

August 2012 – August 2016

University of California, Berkeley

- Worked with 3 other minority health organizations to plan, organize, and host an annual Minorities in Health Conference that brought in over 200 attendees from Northern California
- Spearheaded health education presentations catered to the UC Berkeley campus community

The Phoenix Scholars Mentor

August 2014 – August 2015

University of California, Berkeley

- One-on-one mentorship group that helped disadvantaged students in the Bay Area of California get into 4 year universities by assisting with college applications and discussing personal statements
- Visited disadvantaged high schools in the Oakland area and presented to classrooms about different post-high school options including 4 year universities, community college, and vocational schools